

In recently conducted independent studies**, HealthSouth Hospitals met or exceeded national averages for functional outcomes and was typically lower than other healthcare providers for length of stay and charges. HealthSouth also exceeded national averages for patient satisfaction. Our intensive rehabilitation programs get patients better faster, translating to higher overall outcomes and cost savings.

Our internal case managers ensure these cost-effective outcomes by working closely with the patient, family, referring physician, payor and other parties to make sure everyone remains informed about the patient's care and progress.

At HealthSouth Hospitals, we offer specialized rehabilitative care across a wide array of diagnoses. Our hospitals differ from traditional inpatient facilities, in that we track our outcomes, insist on a pristine environment and offer an intensive approach to rehabilitation, supervised by a physician. It's this approach that allows us to achieve superior outcomes.

** Uniform Data System for Medical Rehabilitation Report, Vol. 77, and Company Data



HealthSouth Mid America
Rehabilitation Hospital
**Stroke Rehabilitation
Program**

A Higher Level of Care

HEALTHSOUTH
Mid America Rehabilitation Hospital

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HEALTHSOUTH
Mid America Rehabilitation Hospital

HealthSouth Mid America Rehabilitation Hospital Stroke Rehabilitation Program



Making a Comeback

For many stroke survivors, rehabilitation is a very important part of the recovery process. Studies indicate that 60 percent of stroke survivors can benefit from aggressive rehabilitation intervention, with 80 percent of those treated through rehabilitation services returning to their homes, work, schools or active retirement.*

The effects of stroke may cause you to change, relearn or redefine how you live. Stroke rehabilitation is designed to help you adjust to these mental and physical challenges and return to independent living.

About Our Programs

HealthSouth Mid America Rehabilitation Hospital offers specialized programs for stroke survivors. A physiatrist, a doctor specially trained in physical medicine and rehabilitation, directs each stroke rehabilitation program and is assisted by an experienced rehabilitation nursing and therapy staff.

Program Features/Benefits

- Seamless transition back home through three levels of care
 - Inpatient
 - Day program
 - Outpatient
- Case management
- Highly specialized stroke competent treatment team
 - Certified rehabilitation registered nurses
 - Full medical staff
 - Neuro developmental treatment (NDT) trained therapists and nurses
 - Physical, occupational and speech therapy
- Intensive rehabilitation treatment plan involving, on average, three hours of therapy, five days a week
- Comprehensive patient/family education
- Support groups

- Accreditation by The Joint Commission
- Other specialized services
 - Aquatics
 - Orthotics
 - Respiratory therapy
 - Neuropsychology
 - Nutritional education
 - Constraint-induced therapy (CIT)
 - Second Chance stroke screenings
- Latest advancements in therapeutic technology
 - AutoAmbulator™
 - VitalStim®
 - SaeboFlex®
 - Reo therapy™
 - Bioness®
 - SmartStep™

* National Rehabilitation Caucus

HealthSouth is the nation's largest provider of inpatient rehabilitative healthcare services. Our vast network of highly skilled physicians and therapists and the latest equipment and technology offers patients access to high-quality healthcare.

At HealthSouth Mid America Rehabilitation Hospital, we're dedicated to providing expert, cost-effective care, producing excellent outcomes with a higher level of care.