

# HealthSouth Mid America Rehabilitation Hospital Brain Injury Rehabilitation Program



HealthSouth Mid America Rehabilitation Hospital offers a comprehensive brain injury rehabilitation program dedicated to providing the quality care necessary for maximum recovery following traumatic brain injury. Brain injury rehabilitation is an intricate and challenging process that requires a multidisciplinary approach to help patients regain the highest possible level of independence.

## Therapeutic Objectives

- Provide a quality rehabilitation program based on individual and family needs
- Restore the patient's abilities to their maximum level of function
- Educate the patient and family on brain injury and the rehabilitation process
- Provide ongoing psychosocial support in a therapeutic environment
- Provide follow-up and referral to other resources to support the patient's continued recovery

## Program Phases

The rehabilitation program is divided into three levels:

- **Acute rehabilitation** – an intensive physical, cognitive and psychosocial rehabilitation based on a comprehensive evaluation and geared toward a functional lifestyle, behavioral management and community re-entry
- **Day rehabilitation** – an intensive interdisciplinary therapy program that can stand alone or be used as a

step down from inpatient care, for patients who do not (or no longer) need 24-hour nursing care

- **Outpatient rehabilitation** – individualized, highly specific treatment designed to continue the patient's progress toward maximum independence

## Interdisciplinary Team

To focus on the medical, physical, cognitive (thinking) and emotional needs of brain injury patients, HealthSouth Mid America Rehabilitation Hospital has assembled a team of rehabilitation professionals with the ability to pinpoint specific needs and set goals in order to maximize recovery. Directed by a physiatrist, a specialist in physical medicine and rehabilitation, this team may include the following:

- Rehabilitation nurse
- Neuropsychologist - as needed
- Case manager
- Speech/Language pathologist
- Occupational therapist
- Physical therapist
- Respiratory therapist - as needed
- Nutritionist - as needed

## Admission

Patients are accepted to the Brain Injury Rehabilitation Program at HealthSouth Mid America Rehabilitation Hospital by physician referral, and services are provided without regard to the patient's age, sex, color, race, national origin, creed or disability. All patients must be medically stable.

HealthSouth Mid America Rehabilitation Hospital's rehabilitative services are covered under most major health insurance plans.

## Special Features

- Dedicated, secured brain injury unit
- Latest advancements in therapeutic technology
- Referral to other programs or facilities that might assist with continued recovery
- Family education and training
- Specific brain injury care team

## Additional Information

For more information about the Brain Injury Rehabilitation Program at HealthSouth Mid America Rehabilitation Hospital or to make a referral, call 913 491-2400.

*A Higher Level of Care*

**HEALTHSOUTH**  
*Mid America Rehabilitation Hospital*

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