



The HealthSouth Mid America  
Rehabilitation Hospital **Difference**

**HEALTHSOUTH**  
*Mid America Rehabilitation Hospital*



A Higher Level of Care:  
**Make the right choice  
for your patients**

Aggressive rehabilitation can make a difference in how quickly patients are able to return home and get back to the quality of lives they deserve following an illness or injury. It's your job to ensure they receive the highest quality care in the most appropriate setting.

Are you aware of the differences between an acute rehabilitation hospital and other post-acute settings such as a nursing home or assisted living center? **There are distinct advantages and differences in the level of care and services provided by acute rehabilitation hospitals.**

Indeed, we all share a common goal to ensure each patient receives the best possible care in the most appropriate setting. Once you have had a chance to compare all available placement options, we feel confident you will see the benefits associated with **HealthSouth Mid America Rehabilitation Hospital.**



Characteristic	Acute Rehabilitation Hospital	Nursing Home
Attending physician visits	Daily	At least every 30 days
Multidisciplinary team approach	Required	Not required
MD or DO designated as medical director	Required	Not required
RN oversight and availability	24 hours/day	At least 8 consecutive hours/day
Nursing hours per patient per day	Between 5 and 7.5 hours	Between 2.5 and 4 hours
Specialty nursing training, rehabilitation expertise	Yes	Not required
PT, OT, and/or speech therapy level of service	3 hours/day (minimum)	No minimum

*"... a higher likelihood of return to the community and improved functional status among stroke patients admitted to rehabilitation hospitals."*

Retchin, SM, Brown, RS, et al. "Outcomes of Stroke Patients in Medicare Fee For Service and Managed Care." JAMA 278 (1997): 119-124.

*"In comparisons of stroke patients in the United States who received care in rehabilitation hospitals or in nursing homes, those who received care in rehabilitation hospitals were more likely to return to the community."*

Duncan, PW, et al. "Adherence to Postacute Rehabilitation Guidelines is Associated with Functional Recovery in Stroke." *Stroke* 33 (2002): 167-178.

*"Our study and previous research suggest that for stroke patients ... more comprehensive rehabilitation of the kind provided in rehabilitation facilities produces better outcomes."*

Kramer, AM, et al. "Outcomes and Costs After Hip Fracture and Stroke: A Comparison of Rehabilitation settings." *JAMA* 277 (1997): 396-404.

*A Higher Level of Care*

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